Welcome! We appreciate your selection of this office to service your obstetric and gynecologic needs. Our goal is to provide the best possible care to you, our patient. We have enclosed 3 forms for you to fill and bring to your initial visit including your:

* ***Photo ID***
* ***Insurance card***
* ***list of current medications***

We understand that emergencies occur. We ask that you call to cancel or reschedule your appointment as soon as possible ***(preferably more than 24 hours in advance)***. This allows us to fill your appointment time with another patient needing care. Please be advised that 3 or more no shows or cancellations, with less than 24 hour notice, may result in being released from the practice.

Please arrive 15 minutes prior to your appointment time. Although we have no control over unexpected emergencies that may arise, we make every effort to see everyone on time. We will always take whatever time is necessary to provide you with the best care available.  **If you are more than 15 minutes late to your appointment, you may need to be rescheduled as it disrupts other patients' appointments.**

As a courtesy, we will bill your insurance carrier for you. Any co-payments or deductibles must be paid at the time of services. We accept cash, checks and all major credit cards. Please contact your insurance carrier before your appointment to find out about your benefits, co-payments and deductibles.

Due to the sensitivity of some patients and staff, we request that you refrain from wearing perfumes or colognes to your appointment.

We are eager to serve you. If you have any questions, please feel free to call our reception line (option 2) at 360-307-7202 between the hours of 8:00 am and 4:45 pm, Monday thru Friday.

 **Jennifer C. Quimby MD**

**Kathy J. Hebard MD**

**Amity E. Marriott MD**

**Aaron W. Swenson MD**

**Lori A. Nelson ARNP**

**Melanie M. Jensen ARNP, CNM**

**Samantha R. Locke, ARNP, CNM**

SILVERDALE

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....dedicated to Women’s Health Care